

The idea of wearing clothes...



# My Clothes!

For \_\_\_\_\_



# Everybody wears clothes!

Boys wear clothes and girls wear clothes.  
Adults wear clothes and kids wear clothes.

Clothes are shirts, pants, socks,  
underpants, pajamas, t-shirts, sweaters,  
coats, shorts, swimsuit, sweatshirts and more!



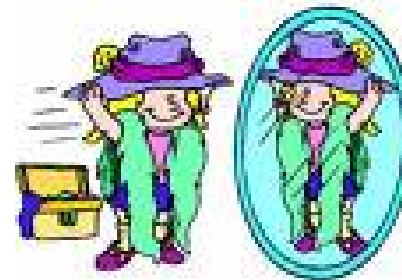
# We wear clothes for many reasons.

Some clothes help us stay clean.

Some clothes help to keep us warm.

Some clothes are made to help us play.

Some clothes are made to help us feel comfortable.



# Sometimes people take off clothes.

We take our clothes off to take a bath or shower.

We take our clothes off at night and then put on our pajamas.

Pajamas are clothes, too. In the morning we take off our pajamas to put on our clothes for the day.



# I usually keep my clothes on my body.

It is important to wear clothes everywhere outside my house. It is important to wear clothes when I am at church, a restaurant, school, when in the car or truck.

I keep my clothes on all the time, except when we are taking a bath or shower, or getting dressed.

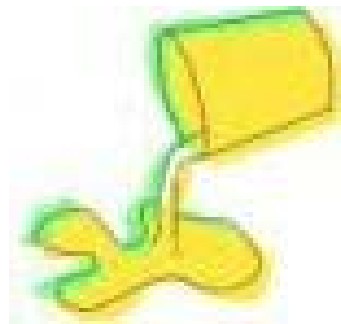


# There are times when my clothes get wet.

I might get a spot or stain on my shirt or pants. The stain is dirty and sometimes it is wet.

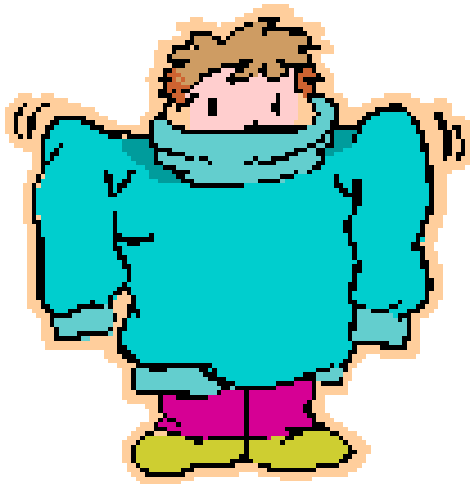
My clothes can get wet if a drink spills on them.

My clothes can get wet if I'm outside after it's rained.



When I have wet clothes, I want to  
put dry clothes on my body.

I want to get  
undressed. It feels  
yucky to me to  
have my wet  
clothes on.



# I can find a good place to take off my wet clothes.

It is a mistake to take off my clothes outside.

It is a good idea to go inside my house or a bathroom to change clothes.





I will try to wait to  
take off my wet  
clothes until I am  
inside or in a  
bathroom.



I will try to tell an adult that I want to get undressed.

I will try to find someone to help.

I will try to say “Help me, please!” to Mommy, Daddy, teacher or an adult helper.

**Help me,  
please! I want  
to change  
clothes.**



I am learning to keep my clothes on even when they are wet.



# THE END



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Questions or comments?  
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